

## Marta Povo Audenis-Resume

I believe that in my life two great aspects come together in a natural way: creative artistic experience, both literary and plastic, with a deep knowledge of integral energy medicine, healing and spirituality. I was born in October 1951 in Barcelona; in addition to a special childhood and a formal education, a chromatic and spatial awareness was developed during twenty years of photographic work, together with my extensive therapeutic training, my innate psychic sensitivity and my clinical experience for thirty years, possibly make me a multifaceted and multidisciplinary character, which has a broad and integrative vision of the Human Beings, our health mechanisms and our great creative potential. All this seems to enable or facilitate my therapeutic work and my pedagogical vocation.

## SYNTHESIS OF TRAINING, in my two vital stages:

**1951-1988:** During this first period of life I studied the baccalaureate of sciences, and studied for 4 years History and Anthropology at the University of Barcelona, a career that I could not finish due to a long illness. For 18 years I dedicated myself to professional photography, in the specialty of architecture and landscape. I also developed a personal and artistic photographic work, carrying out 114 individual and as many collective exhibitions (see <a href="https://www.when.">whene and when</a>), an extensive photographic archive currently has been donated to the documentary fund of the Municipal Archive of Barcelona.

**1988-2017:** In this second period I made a personal and professional turn towards therapeutics, metaphysics and spirituality. I began to investigate on the meta-cognitive phenomena and I have been trained in the field of bioenergetics, studying chronologically: Chiromassage, Reflexology, Floral Therapy, Reiki, Chinese Medicine and Acupuncture, Buddhism and Meditation, Anthroposophy, Jungian Psychology, Systemic Family Constellation, Essene-Egyptian Healing, exploring concepts of quantum vision and other psyche-energetic and spiritual subjects.

- > In 1994, I created the new paradigm of <u>Geochromotherapy</u>® and a methodology based on different psychological and psychic applications of universal archetypes of sacred geometry and the color of light, an integrative vision applicable to health, pedagogy and Evolution of consciousness.
- > In 1996 I started my literary career and until today I have published 20 books on different subjects, while creating different fields of work based on the Geocrom method, with its specialities: Habitat Medicine, Geocrom Encoded Essences, Reiki Geocrom, and Therapeutic meditations.
- > In 1998 I created the space of the <u>Geocrom Institut</u> of Barcelona, my main workplace. In 2004 I established my school in the Pyrenees and the therapeutic center CSIS·Cerdanya. In 2011 I founded the laboratory of the <u>Essences Geocrom and Fisterra</u>, and in 2014 I created my current educational and healing space at <u>CSIS·Jardín</u>, an Integrative Systemic Health House in Caldes de Monbui, a school and therapy center linked to the Instituto Geocrom SL.

> Today, in addition to having a son, a daughter and two granddaughters, I continue visiting and advising patients and facilitating different types of training courses. From 2015 onwards, I develop the project Light Geometry of Mindfulness and Guided Healing Meditations, I conduct and edit the Human Hologram Group website and participate in groups of Anthroposophy in the Casa House Rudolf Steiner in Barcelona. Besides I belong to the commission of 'sacred geometry' of the AIMC, group International Assotiation of Quantum Medicine and I am currently studying a master's degree in Neuropsychology, Multiple Intelligences and Mindfulness.

Link to BOOKS by Marta Povo: <a href="http://www.institutogeocrom.net/libros-marta-povo-color-geometria-sagrada-terapeutica-espiritualidad/">http://www.institutogeocrom.net/libros-marta-povo-color-geometria-sagrada-terapeutica-espiritualidad/</a>

Link to COURSES: <a href="http://www.institutogeocrom.net/cursos-geometria-sagrada-color-medicina-integrativa-cuantica/">http://www.institutogeocrom.net/cursos-geometria-sagrada-color-medicina-integrativa-cuantica/</a>

Link to guided MEDITATIONS: <a href="http://www.institutogeocrom.net/meditacion-marta-povo-mindfulness-geometria-sagrada-color/">http://www.institutogeocrom.net/meditacion-marta-povo-mindfulness-geometria-sagrada-color/</a>



## **INSTITUT GEOCROM, S.L.**

Tel: 00 34 - 93 3190517 / 93 1701652

Whatsapp: 629501829
Skype: marta.povo.audenis
E-mail: instituto@geocrom.com
Online store: www.geocromonline.com

www.institutogeocrom.net www.medicinadelhabitat.com

www.martapovo.es www.csisjardin.com